

BHSOD – Weekly Class Schedule 2025/26

Monday	Tuesday	Wednesday	Thursday
4:30-5:00 – Lyrical Beg. (ages 6-10)	4:45-5:30 – Ballet Cont. (ages 10-13)	4:45-6:00 – Trio (Ballet/Tap/Jazz)	1:30-2:15 – Combo (Ballet/Jazz)
5:00-5:30 – Hip Hop Kidz (ages 6-10)	5:30-6:00 – Tap Cont. (ages 10-13)	5:30-6:15 – Combo (Ballet/Tap)	2:15-2:45 – Acro beginning (ages 3.5-6)
5:30-6:15 – Combo (Ballet/Tap)	6:00-6:45 – Jazz Cont. (ages 10-13)	6:00-6:45 – Lyrical Inter. (ages 13-18)	4:30-5:15 – Ballet Cont. (ages 7-10)
6:15-6:45 – Tap-Inter. (ages 13-18)	6:45-7:30 – Lyrical Cont. (ages 10-13)	6:15-7:45 – E. Trio (Ballet/Tap/Jazz)	5:15-5:45 – Tap Cont. (ages 7-10)
6:45-7:45 – Ballet-Inter. (ages 13-18)	7:30-8:00 – Hip Hop Cont. (ages 10-13)	6:45-7:30 – Jazz Cont. (ages 13-18)	5:45-6:15 – Jazz Cont. (ages 7-10)
7:45-8:30 – Pointe-Inter. (ages 13-18)		7:30-8:00 – Hip Hop (ages 13-18)	6:15-6:45 – Boys Hip Hop (ages 6-11)
		7:45-8:30 – Pointe 1 & 2 (ages 11-16)	6:15-6:45 – Hip Hop (ages 7-10)
*Combo classes – ages 3-5.5		8:00-8:30 – Adult Tap	6:45-7:15 – Lyrical Cont. (ages 7-10)
*Trio classes – ages 5.5-9		8:30-9:15 – Adult Ballet	7:15-8:00 – Acro Cont. (ages 7-11)
*Enhanced Trio classes – ages 7-10		9:15-9:45 – Adult Hip Hop	
Saturday			
9:30-10:15 – Combo (Ballet/Jazz)			
10:15-11:30 – Trio (Lyrical/Jazz/Contemporary)			
11:30-12:00 – Hip Hop (ages 6-10)			
12:00-12:45 – Acro (ages 6-10)			

Introducing – Aerial classes with Miss Julia

- Learn skills on the hoop and straps.
- Small classes of 3-5 dancers.
- Ages 11 & up.
- Great fitness class for adults.
- Stay tuned for registration options.

